

Aliens: A **positive experience**

What do people really want when they think about UFOs?

According to John Mack's newest book *Passport to the Cosmos*, the first thing they want is for their experiences to stop. Only after they realize they have no power to stop the experience do they begin to accept a process that is informative and transformative — a process that propels them out of their narcissistic concerns and towards active involvement with environmental values, the survival of humanity and an exploration of spiritually-based consciousness. The Harvard psychiatrist also includes three other perspectives of contact with the "Star People." These perspectives include those of a Native-American healer, a South African shaman, and an indigenous anthropologist from South America. The same themes continue to resonate through all perspectives.

It seems that John Mack may be treading on Ken Wilber's turf (*Blend*, Jan. 15). For his part, John Mack has a few comments to make about the doubtful, referring to them variously as the skeptical elite and uninformed debunkers. Furthermore, Mack states that these people are "usually misnamed skeptics...who speak from an ideological bias, putting their viewpoints forth as a scientific perspective." Perhaps Wilber, the philosopher, should think about turning off the television and picking up a book. He might discover he has more in common with Mack than he realizes.

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